ROLL SOLO

= 50 - 180
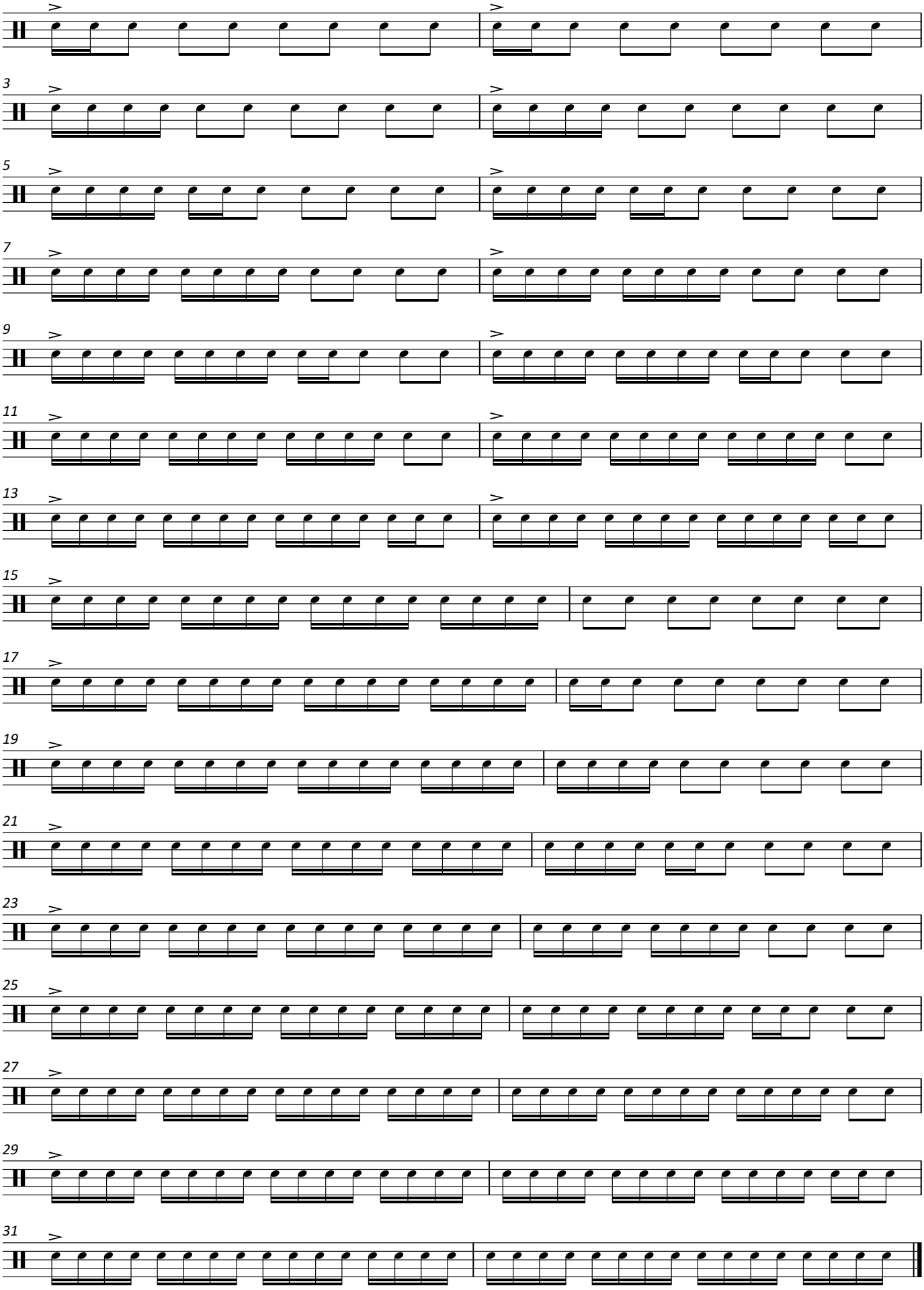
Should be pracced Àwith both single strokes (R L R L) and double strokes (R R L L)

